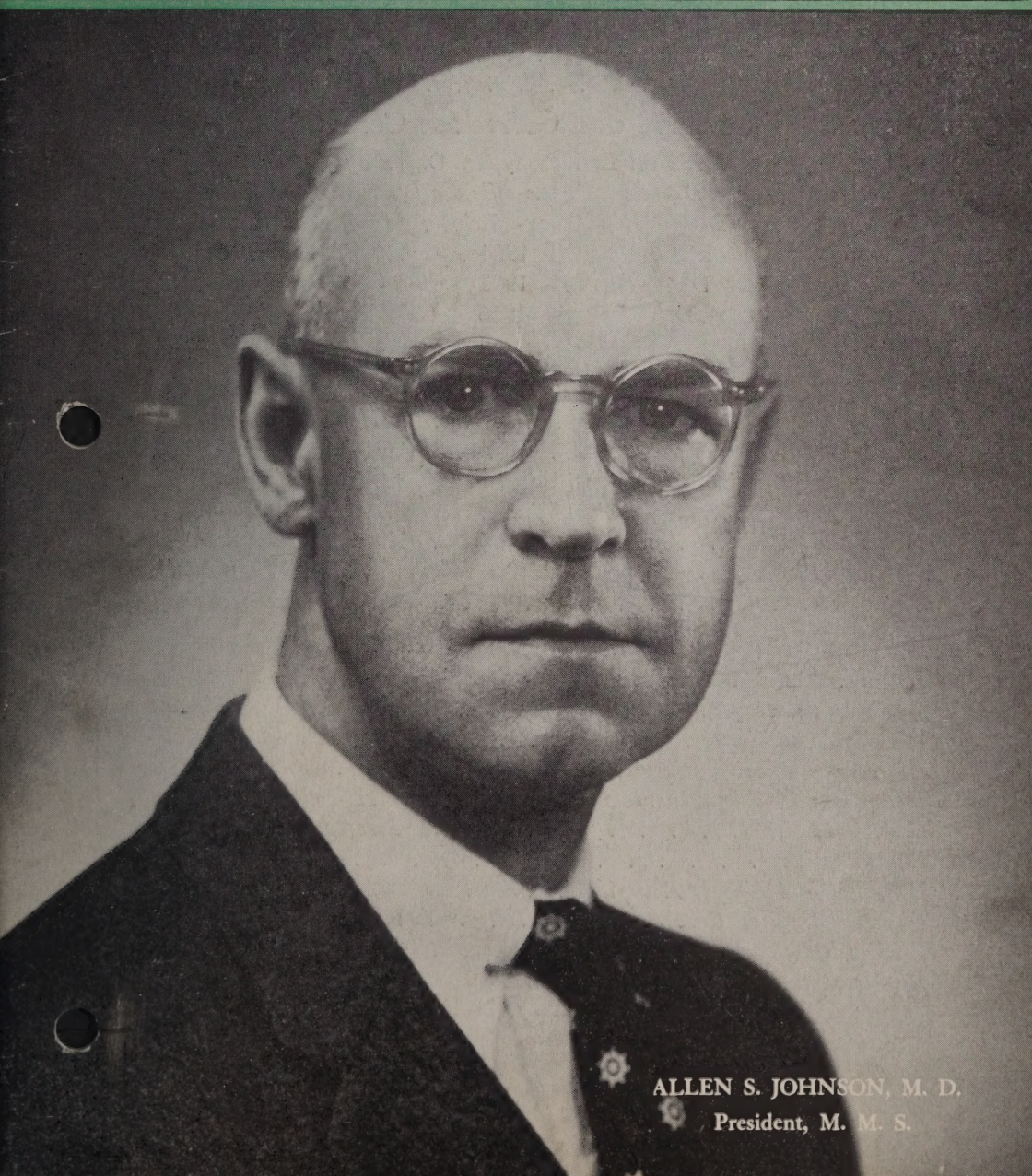
The Hampden Hippocrat

MEMBER MEDICAL SOCIETY MAGAZINE GROUP

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XIX JUNE, 1963 NO. 6



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President, M. M. S.

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The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Founded in 1942 by Drs. Edward P. Bagg and William A. R. Chapin, and published monthly except July and August.

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A MESSAGE TO HAMPDEN

from

ALLEN S. JOHNSON, M.D., President
Massachusetts Medical Service

I am proud and pleased to be the instrument in the honor which the Council has conferred on Hampden District in recognition of its active interest in the affairs of the Massachusetts Medical Society. The strength of the State Society is a reflection of the strength of the member districts. They in turn derive their vitality from the thoughtful and active support of their individual members. For far too long the members of local societies have been content to delegate their responsibilities to a faithful few who have at times been hard pressed to know if they properly represented the wishes of the chronic absentees. The overwhelming majority of the District Medical Societies function with less than 50% attendance at their meetings. The world is engulfed in a tidal wave

of socialism. Whole nations are content passively to entrust their destinies to militant oligarchies. If Medicine is to retain any control over its future its practitioners must demonstrate their awareness of this threat by whole-hearted corporate activity. Only by a proper pooling of intelligence and experience can we evolve a program to meet the popular demand for an equitable distribution of medical care at a cost which can be borne without undue governmental interference.

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January 1, 1964 through December 31, 1965
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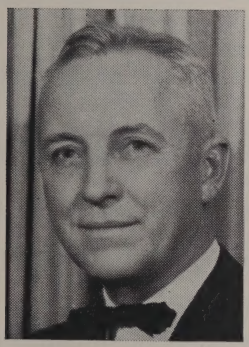
DRS. BAGG AND BIGELOW ARE HONORED

Drs. Edward P. Bagg and James Bigelow of Holyoke were honored at the last Council meeting in Boston, on the completion of 50 years of Fellowship in the M.M.S. (page 20). They were honored also by many of their friends at a testimonial dinner held at the Crestview Country Club on Tuesday, June 11, 1963. A complete description of this dinner will appear in the next issue of The Hippocrat.

Editor

President's Page



To accept office other than for reasons of service, is almost certain to fail. Conversely, "a job well done", while not measurable by materialistic yardsticks, can be quite rich and rewarding.

The medical profession by its very nature is one of service — service to humanity. To those members who work in the vineyards of their medical societies, a special note of appreciation may well be expressed. The limitations of space precludes accolades to these conscientious members individually. Reference to the printed committee list in the Hippocrat must of necessity serve as a poor substitute. These are our "Tall Men".

At the state level, we find the embodiment of tireless and selfless devotion to our service in the person of our own Dr. Allen S. Johnson, recently elected President of the Massachusetts Medical Society.

On June 12, we had the privilege to observe the concept of service in action at the highest or national level when Dr. Richard Annis, President of the A.M.A., spoke here before a large and distinguished audience. This was sponsored jointly by the Springfield JCA and the H.D.M.S. Here is a man totally dedicated to his mission as he understands it, presenting most eloquently the principles of the A.M.A. as opposed to those of Fedicare. He pointed out the harmonious compatability of these principles with the best interests of our citizenry. In his address he strove to project the truth of these controversial issues for critical analysis to the moral and political conscience of our people.

Almost daily Dr. Annis is carrying this message to similar groups throughout the country. He is determined to present this truth to as large a segment of the people as possible, and thus to contravert the false promises and questionable motivations of the political advocates of Fedicare.

It is gratifying that during the coming year the A.M.A. will be under the leadership of a man of Dr. Annis's caliber and stature. It is gratifying also that Hampden was chosen as one of the areas to be honored by a visit by Dr. Annis.

May he succeed in his mission everywhere, as we bid him Godspeed in his service to our profession and the health of the public.

Martin B. Murray, M. D.

LEGISLATIVE COMMITTEE REPORT ON AMA's LEGISLATIVE MEETING

Representing our Legislative Committee, I attended the National Legislative Conference in Chicago on April 20th and 21st. I was extremely impressed by the fine work being done by the A.M.A. in its fight against King-Anderson type of legislation.

There were approximately four to five hundred members attending this conference representing perhaps all the states of the union including Alaska. I personally am glad I attended that conference since it gave me a new impression of the efficiency and of the impressive work that the A.M.A. is doing. I have, thereby, lost any doubt that I might have had regarding the ability or interest on the part of our national society.

The meetings were all well attended by the group. The speakers, representing all facets of the problem gave an excellent presentation of the problem. I must say that I was impressed with the spirit, enthusiasm, and optimism that prevailed. Dr. Annis, president-elect, was one of the speakers. As usual he was superb. It is my feeling that if the medical profession wins this battle, and I feel that it will, almost the entire credit would have to be given to both the A.M.A. and Dr. Annis for their part played in this struggle.

Walter S. Mozden, M.D.,
Member
Legislative Committee

HAMPDENITES ELECTED

The following members of our District Society were elected by the Massachusetts Medical Society to serve on Committees or Boards during the coming year:

John J. Bandeian
Special Committee on Medicine and Religion

Arthur F. G. Edgelow
Committee on Maternal Welfare

Elmer F. Franseen
Disaster Medical Care Committee

William Kaufman
Supervisory Committee on Blood Banks

Ralph T. Miller
Charitable & Educational Fund Directors

Robert D. O'Malley
Special Committee on Medical Service

Alfonso A. Palermo
Benevolence Committee, Insurance Programs Committee

Thomas F. Reilly
Public Health and Problems Relating to Individual Diseases

Howard N. Simpson
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Joseph R. Stirlacci
Subcommittee on Perinatal Welfare

Jerome A. Whitney
Mental Health (Chairman)

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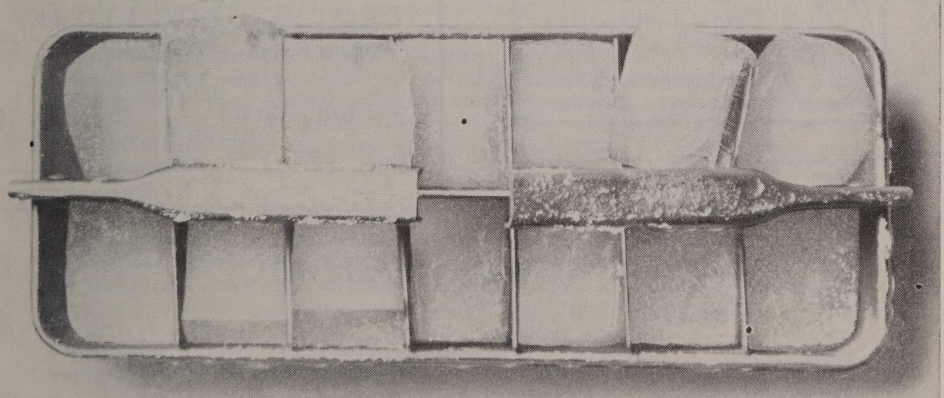

A.M.A. TO PUBLISH MEDICAL MOTION PICTURE CATALOG

The American Medical Association announced today it will publish an indexed catalog listing more than 4,000 medical motion pictures, covering every aspect of medicine and its allied arts. Expected release date of the catalog is late 1963.

Motion pictures are a highly important tool in the training of graduate physicians, students, nurses and all others concerned with the healing arts.

Ralph P. Creer, director of medical motion pictures and television for the A.M.A., said the new catalog will list each film with a brief summary, running time, names of authors and producers, and addresses of the primary rental source. Evaluations will be included with many of these films.

Publication format was established by a discussion between representatives of the A.M.A., the American College of Surgeons, the International College of Surgeons, the Association of American Medical Colleges, the American Hospital Association, the American Dental Association, the United States Veterans Administration, E. R. Squibb and Sons, and Smith Kline and French Laboratories.

The A.M.A. maintains the most complete file of information on medical motion pictures and for many years has been receiving requests for copies of this file. It will now be used to prepare this comprehensive catalog of medical motion pictures which will be available to medical schools, state and county medical societies, hospitals, medical educators, nursing organizations, government agencies and other professional groups and individuals.

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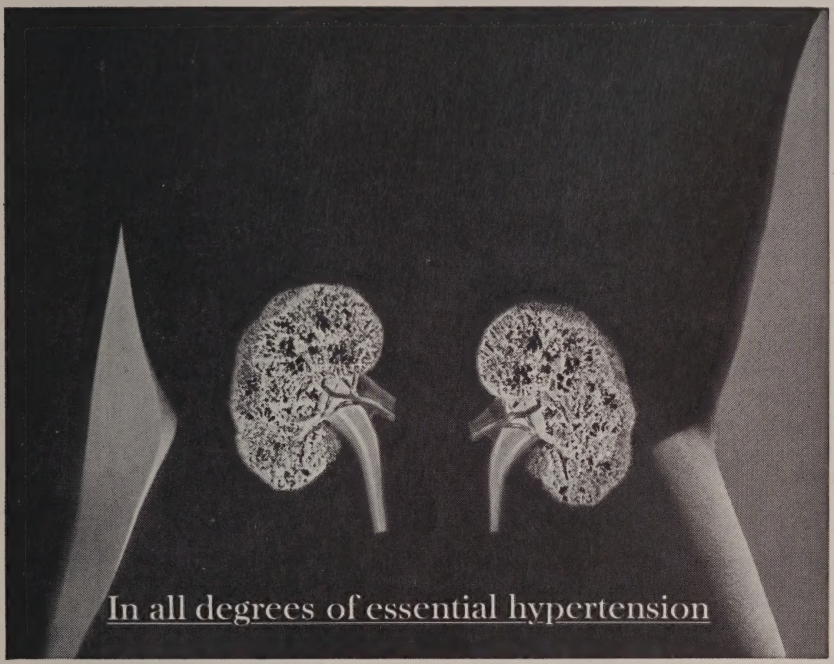

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References: (1) Berry, R. L., and Bray, H. P.: J. Am. Geriatrics Soc. *10*:516 (June) 1962. (2) Hutchison, J. C.: Current Therap. Res. *4*:610 (Dec.) 1962. (3) Feldman, L. H.: North Carolina M. J. *23*:248 (June) 1962.

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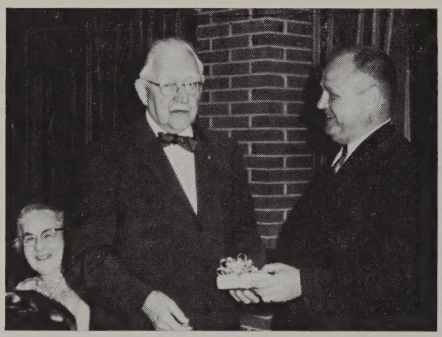
EDITORS HONOR DR. BAGG



On Wednesday, June 5th, the Board of Editors and their wives surprised Dr. Edward P. Bagg, Holyoke, with a testimonial dinner held at the Crestview Country Club, Agawam.

The occasion was a double one: 50 years of Fellowship in the Massachusetts Medical Society and the 20th anniversary of the founding of the Hampden Hippocrat, for which Dr. Bagg was largely responsible.

Following a social hour and a roast beef dinner, a moment of silence was observed in tribute to the late Dr. William A. R. Chapin, co-founder of the Hippocrat.

Dr. Bagg's many years of service to organized medicine were then reviewed briefly. Special emphasis was laid on his innumerable contributions to the establishment and development of the Bulletin. A gift in the form of a wrist watch was presented to the guest of honor.

The highlight of the evening was Dr. Bagg's acknowledgment of the tribute paid him by the Board. He seemed deeply moved. He reminisced warmly about the Hippocrat's early days when it counted a mere 8 pages; when it appeared quarterly; and when the Editor-in-Chief wrote every word of it from cover to cover. He noted with pleasure the growth of the Bulletin to its present size of 36 pages, and appearing on a monthly basis.

A standing ovation concluded the festivities of the evening.

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REFERENCES:

1. Kocsis, L.F.: Evaluation of a New Anorectic Combination in the Treatment of Obesity, Manitoba M. Rev. *41*:521 (Oct.) 1961.
2. Stevenson, L.E.: A Note on Anorectics, M. Ann. District of Columbia *30*:409 (July) 1961.
3. Cauffman, W.J., and Pauley, W.G.: Obesity and Emotional Status, Pennsylvania M.J. *64*:505 (Apr.) 1961.

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INDOCTRINATION DINNER MEETING

Sitting l. to r.: Drs. Memery, Millman, Murray, Miner, Allen, Potsubay, Mrs. Purdy and Dr. Johnson.

Standing l. to r.: Drs. P. Moore, F. Dinale, T. Hoffman, C. Poliak, E. Sachsse, J. Shammush, J. Pillian, F. Navazio, R. Verrilli and R. Miller.

On Tuesday, May 28, the Annual Indoctrination Dinner Meeting of the District Society was held at the Yankee Pedlar, Holyoke. Attendance was perfect. Chairman of the evening was Dr. Samuel Potsubay, Supervising Censor and Chairman of the Membership Board.

Following a social hour and a fine roast beef dinner Dr. Allen S. Johnson, recently elected President of the MMS was introduced. He spoke briefly on the structure and mechanics of the MMS and of its relation to the AMA. The Council of the MMS is the legislative body of the State Society. There is one councilor elected for every 25 District members and there is one member to the AMA's House of Delegates elected for every 1000 state fellows. Each District elects in addition an Executive Councilor, a Legislative Councilor, a Public Relations Councilor, a Nominating Councilor, and a Member to the committee on Tax-Supported Medical Care.

Dr. Martin B. Murray, President of the HDMS, then extended a very warm and cordial welcome to all the new members.

The next speaker was Dr. Ralph T. Miller, immediate past president of the HDMS. His topic was the organization and function of the District Society. After describing

it in detail he outlined the purposes and responsibilities of the various committees. He appealed to the new members to volunteer their participation in their committee of choice.

Dr. Millman then spoke briefly on the District by-laws and on the Hampden Hippocrat, the official publication of the District Society. This, he pointed out, serves not only as a news bulletin but also as a sounding board for the entire membership. He invited the new members to send to the Hippocrat their opinions, views, criticism, and suggestions.

Public Relation Councilor Dr. Harry Memery then spoke on publicity. He warned against advertising and against telephone listing except as stipulated by Society rules. He urged all to abide by the Publicity Guide of the MMS. There is no objection to addressing lay groups on medical or other topics. The Society maintains a Speakers Bureau with which any interested physician may register.

Dr. Ted Miner, President-elect of the HDMS, described the mechanics of our Emergency Medical Service, which is the oldest in the state. Emergency calls have dropped of late to about 75 per month. All physicians up to age 55 have to take their turn at Emergency Service.

Mrs. Vivian M. Purdy, Executive Secretary of the HDMS, was then introduced. Whenever you are called upon to assist in legislative matters, to call several people, or to contact legislators — please do so. Medicare literature is available at headquarters. Any questions? — contact headquarters..

The final speaker was Dr. F. Allen, Holyoke, who has been in practice 52 years. He reminisced most interestingly not only on his own early practice but also on that of his father's who was a physician in New Hampshire before the turn of the century. He concluded his remarks with a quotation by the late Dr. Peabody: "The secret of the care of the patient is to care *for* the patient." M.

COMING EVENTS

INTERNATIONAL CONFERENCE ON RENAL HYPERTENSION,
COLUMBUS, OHIO, JULY 12, and 13, 1963

SPRINGFIELD ACADEMY OF MEDICINE, SEPTEMBER 10, 1963

HAMPDEN DISTRICT MEETING, SEPTEMBER 24, 1963

NEW ENGLAND POSTGRADUATE ASSEMBLY, BOSTON,
NOVEMBER 13, 14 and 15, -963

PANELS, SYMPOSIA
LECTURES, MOVIES
HOSPITAL CLINICS, ETC.

A. M. A. CLINICAL MEETING, PORTLAND, OREGON, DECEMBER 1 - 4, 1963

THOUGHTS OF A RETIRING AUXILIARY PRESIDENT

by

Mrs. J. W. S. Hartshorn, Immediate Past President, Auxiliary to the H. D. M. S.

When the editor asked me to write a piece for the Hippocrat, I thought, "Well, what shall I write? A summary of the year's activities?" No, that appeared last month — our able correspondent to the Hippocrat takes care of such details. You know what we have done and future items will keep you up-to-date. Something else was obviously in order. Therefore, instead of writing a summary of what we have done, it seemed more appropriate to discuss the nature of the Auxiliary itself. What is it and where is it going?

At first glance, the Auxiliary seems relatively uncomplicated and quite inocuous. It is a kind of *de facto* organization which a woman joins simply because she is a doctor's wife. It also appears to be a group of chic females which meets occasionally at fashionable restaurants, consumes expensive lunches and exchanges chitchat. Auxiliary doings are reported in the social columns of the newspapers of Hampden district, briefly capture headlines and are rapidly buried under an avalanche of reports concerning similar activities of other social groups. Once a year we achieve more lasting fame by giving a large ball which usually merits a two-page spread in the rotogravure section of the newspaper. Such activities are hardly unique. They can be and are duplicated by countless other organizations in Hampden district with varying degrees of enthusiasm or success. Since, in this era of organizations and joiners most of us are over-organized and belong to too many groups already, one may readily ask: "Why bother to join a group which appears to be similar to countless other organizations and which in addition encompasses such a large geographical area that committee contacts are difficult and coordination becomes a problem?"

The answer to this question is really two-fold. First, although most doctors' wives *do* join the Auxiliary primarily because they are doctors' wives, they ultimately come to realize that it is more than just another group. Secondly, because this is more than just another group, each doctor's wife may find within it an opportunity to make a genuine contribution to the society in which she lives and to the practice of medicine itself.

It is entirely true that the Auxiliary consists of a group of chic females and they do meet in fancy places and consume expensive lunches. They also work like beavers for worthy projects — raising money for nursing scholarships, promoting diabetic detection week, taking medical self-help courses and preparing themselves to help Civil Defense authorities in case of a disaster.

The Auxiliary also presents the doctor's wife with an opportunity to promote understanding. We are a kind of a democracy in microcosm and we represent all kinds of economic backgrounds and religious persuasions. Dr. Smith may not like Dr. Jones but Mrs. Smith and Mrs. Jones may come to be the best of friends. It becomes impossible to speak disparagingly of the "Mercy crowd" or the "Holyoke bunch" when one knows who they are and has worked with them on a project. Familiarity compels admiration. Because we get to know one another while working on various projects we

can build bridges of understanding between the various medical groups.

Although the hospitals in Hampden district are managed by three basic groups, the government, the church, and the private secular organization, the goal of each hospital is the same — the welfare of the patient. The varying means which each takes to achieve this goal in no way obscures the nature of the ends. In an organization such as the Auxiliary which encompasses members from all the hospital groups we learn to respect our differences.

The bylaws of the Auxiliary state that it shall be guided by all its activities by the Advisory Committee of the Medical Society and that no important project shall be undertaken without the advice and consent of the Committee. In practice this means that the Auxiliary cannot assume a position which is contrary to that of the Society's. This does not mean, however, that the Auxiliary is a monolithic organization or that members do not have minds of their own. Although we generally agree on basic principles we sometimes disagree on particulars. Once we had a meeting concerning the fluoridation of water. Most of us felt that fluoridation was a vital health measure which should be adopted, but one of our members was completely opposed to it and proceeded to state the reasons for her opposition. I'm glad she did. We have several schools of thought concerning which course to follow with respect to Doctors' Day, and we even have a few members who support Kennedy's medicare proposals. Such disagreements are good for the health of the organization. If we all unanimously agreed upon everything, then we could be sure that the organization was either autocratically run or that its members were so apathetic that they didn't care what the Auxiliary did. In either case any stand which the Auxiliary might take would be meaningless.

Finally, I think that the requirement that Auxiliary members abide by decisions of the Hampden District Medical Society in no way robs the Auxiliary of the initiative to propose projects which the Society or the Auxiliary could profitably pursue. For instance, if on the basis of readily available medical evidence linking cancer to cigarette smoking, I became concerned about the high incidence of teen-age smoking, I would feel perfectly free to ask the Hampden District Medical Society what it proposed to do to inform teenagers of the smoking danger? Or, again if on available evidence, I became concerned regarding the implementation of anti-pollution laws, I would ask the Hampden District Medical Society what the Society or the Auxiliary might do with respect to this problem? These two questions, I am now, in truth and upon my own initiative, proposing. And if in the future some other vital problem occurred, I shall pose other questions to the Society and realize that I shall receive a courteous answer. Similarly the Society is free to ask the cooperation of the Auxiliary which is always gladly given.

I would like to express my appreciation to the Hippocrat for the courtesy of its pages; to my Board for all its hard work; and especially to Vivian Purdy, that invaluable Girl Friday in the HDMS office.

Patronize our advertisers and remember to mention the Hippocrat.

OFFICERS AND COMMITTEES
of the
AUXILIARY TO THE H. D. M. S.
1963 - 64

President - Mrs. Vlasta Diamond, 29 Craiwell Ave., West Springfield, RE 4-4345
President-Elect - Mrs. Myra Wiedman, 69 Western Dr., Longmeadow, LO 7-3842
Rec. Secretary - Mrs. Theresa Pfeifer, 25 Green Lane, Springfield . . RE 4-9239
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A.M.A.E.R.F. - Mrs. John Yelle, Lindor Heights, Holyoke . . . . . JE 2-4809
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Career Scholarship - Mrs. O. J. Menard, 39 Englewood Road, Longmeadow, LO 7-5014
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Civil Defense - Mrs. Grace Stirlacci, 264 Sumner Ave., Springfield . . RE 9-8298
Finance - Mrs. Evelyn Ziter, 94 Cunningham Street, Springfield . . RE 4-5960
Publicity, Hippocrat - Mrs. Carlo Montori, 66 Cunningham St., Springfield, RE 9-2662
Health Education - Mrs. Mary Suzor, 34 Atwater Place, Springfield . . RE 3-7064
Parliamentarian - Mrs. Mary Devlin, 45 Fenimore Boulevard, Springfield, RE 4-7005
Program - To be announced.
Public Relations - Mrs. Raymond Gelfman, 81 Benedict Ter., Longmeadow, LO 7-7644
Publicity - Mrs. James Allan, 90 Churchill Road, West Springfield . . ST 8-7781
Historian - Mrs. Rosetta Angelica, 220 Crestwood St., Springfield . . RE 9-5726
Legislation - Mrs. Harry Corwin, 310 Prospect St., East Longmeadow . LA 5-2502
Necrology - Mrs. Kay Visconti, 70 Rugby Road, Longmeadow . . . LO 7-3858
Safety - Mrs. Mary Gillis, 54 Western Ave., Westfield . . . . . LO 8-7292
Membership - Mrs. Myra Wiedman, 69 Western Drive, Longmeadow . LO 7-3842
Nominating - Mrs. Monica Alicandri, 78 Wayne Street, Springfield . RE 2-1666

SPECIAL COMMITTEES

Diabetes Week - Mrs. Louis A. Izenstein, 25 Oxford Street, Springfield . RE 4-7256
Municipal Peace Corps -
Mrs. Jean Gramse, 234 Ellington Road, Longmeadow . LO 7-3879
Decent Literature - Mrs. Alonzo Sheffield, 133 St. James Ave., Springfield, RE 9-5748
White Cap Ball - Mrs. Walter Mozden, 621 Amostown Rd., West Springfield, RE 7-6994

Mrs. Carlo Q. Montori,
Correspondent to the Hippocrat

IN MEMORIAM

AZEL P. BARNEY, M.D.
1895 - 1963

Dr. Azel P. Barney, formerly of Springfield and Longmeadow, died at his home in Clearwater, Fla. on May 9, 1963.

Born in Fort Wayne, Indiana on October 28, 1895, Dr. Barney attended the University of Pennsylvania and obtained his doctorate in medicine therefrom in 1922. After having served an internship at the Wilkes-Barre, Pa. City Hospital and residencies in obstetrics and gynecology at the New York Lying-In Hospital and the Berwind Maternity Clinic in New York, he came to Springfield in 1924 where he practiced his specialty until his retirement two years ago.

Dr. Barney was on the medical staff of the Wesson Memorial Hospital, serving as President in 1955, and on the staff of the Wesson Maternity Hospital. He was a member of the American Medical Association, the Mass. Medical Society, the Hampden District Medical Society, the Springfield Academy of Medicine, of which he was president in 1956, and the New England Obstetrics and Gynecology Society. He was certified by the American Board of Obstetrics and Gynecology.

Deepest sympathy is hereby extended to his family and to his many friends and associates.

ROBERT E. ANDREWS, M.D.
1878 - 1963

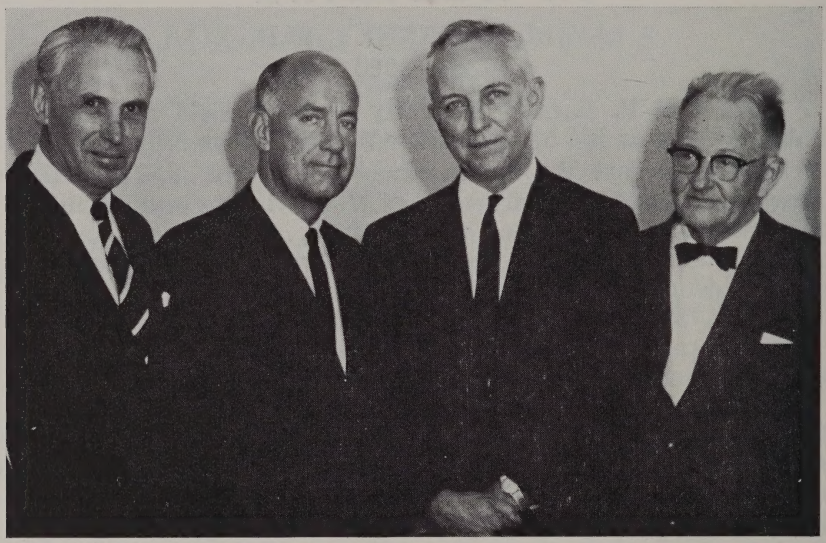
Dr. Robert E. Andrews of Springfield died in Hartford, Conn. on May 15, 1963.

Born in Cambridge, Mass. on May 4, 1878, Dr. Andrews attended Harvard College and obtained his M.D. degree from Harvard Medical School in 1903. After completing his internship at the Boston City Hospital, he practiced general medicine in Cambridge, Mass. In 1922, he came to Springfield and engaged in the practice of general and industrial medicine.

Dr. Andrews was a consulting physician at the Wesson Memorial Hospital, Springfield. He was a member of the Mass. Medical Society and the Hampden District Medical Society. He also served in the U.S. Army Medical Corps. during World War I.

Deepest sympathy is hereby extended to the surviving members of his family and to his many friends and associates.

DR. ANNIS VISITS HAMPDEN



Flanking Dr. Annis (second from left) are Drs. Miner, Murray and Miller.

History was made on June 12th when Dr. Edward R. Annis, President-elect of the A.M.A., addressed a large gathering at the Schine Inn. For the first time in the history of H.D.M.S. this area was favored with a visit by a president or president-elect of our national organization.

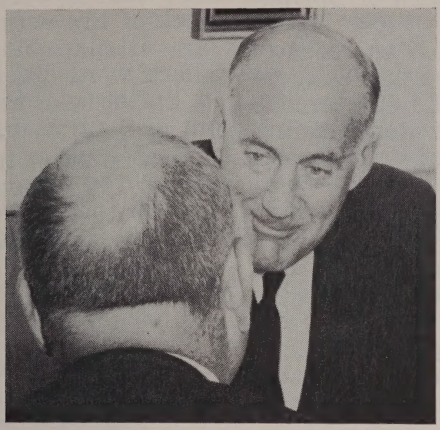
The meeting was co-sponsored by the Joint Civic Agencies and the H.D.M.S. More than 700 people overflowed the banquet hall, including 200 physicians. Chairman of the banquet committee was Mr. Howard J. Cadwell, while Vice-Chairman was our own president, Dr. Martin B. Murray. Dr. G. A. Olds, President of Springfield College, was toastmaster.

The topic of Dr. Annis's televised address was "The Importance of the Individual in the Life of the Community." His logic and eloquence held the audience spellbound. He appealed for a return to responsible citizenship and called for cooperative effort of professional men and businessmen to build a better community. He explained in detail the reasons for the high cost of medical care and the superiority of voluntary health insurance and of the Kerr-Mills act over K-A types of legislation.

His address was cheered with thunderous applause.

In addition to President Murray the following also served on the Banquet Committee: Drs. J. J. Bandeian, R. T. Miller, F. T. Mills, A. A. Palermo and D. Williams. Our auxiliary was represented ably by Mrs. James Hartshorn and Mrs. A. A. Palermo. And finally, there was, of course, our Executive Secretary Mrs. V. M. Purdy.

THE HIPPOCRAT INTERVIEWS DR. ANNIS



Dr. Ayres interviewing Dr. Annis at press conference.

Q. What, in your opinion, Dr. Annis, are the most important problems confronting medicine in the coming year?

A. (1) Politicians who distort the truth with fabrications, half-truths, and other misrepresentations in an effort to misuse the health of our people for political purposes.

(2) Scientifically — a continuation of our research and of our fight against the major threats to health, e.g. heart disease, high blood pressure, cancer, etc.

Q. What arguments or evidence do you offer that Social Security is a tax rather than a form of insurance?

A. In 1937 the U.S. Supreme Court in the case of Helverin vs. Davis, ruled that Title II levies two distinct taxes: an income tax on self-employed and employees, and an excise tax on employers. Both taxes are like any other tax, are collected by the Internal Revenue Service, and are deposited in the Treasury. They may not be earmarked for any cause.

Also, in insurance programs the people who pay the cost are covered by the benefits. Under K-A legislation those who pay will not be covered, but 17½ millions (to begin with) who have never paid anything will be covered as long as they live (at a cost of 35 billions to be levied on today's working taxpayers.)

Q. What can Hampden District Medical Society do to help AMA in its fight for better medical legislation?

A. (1) Join AMPAC and be active with dollars and personal efforts.

(2) Tell the true story why modern "jet age" medicine is costly — but also tell of its worth.

M.M.

VITAL STATISTICS — 1962

An unofficial analysis of Springfield resident deaths occurring in the City during 1962, as recently published by the Health Dept., revealed that a total of 1,690 persons passed away. The ten leading causes of death were:

	No.	% of Total
1. Diseases of the heart	694	41
2. Neoplasms	260	15
3. Cerebrovascular lesions	207	12
4. Pneumonia (all types)	131	8
5. Accidents	92	6
6. Diseases of the circulatory system	47	3
7. Diseases of early infancy	41	3
8. Bronchitis	39	2
9. Cirrhosis of liver	35	2
10. General arteriosclerosis	20	1
All other causes	124	7
Total	1,690	100

The median age of death fell in the 70 - 80 year age group with 55% of all deaths occurring in persons over 70 years of age. As in the recent past, these statistics point up the fact that chronic diseases, particularly those of the cardiovascular system, are the major health problems of Springfield.

During 1962, there was a total of 3,759 resident live births with 554 of these occurring outside of the City. Resident deaths for infants under one year of age was 58 with an infant mortality rate of 15.43 per 1,000 live births. There were 2 maternal deaths with a maternal mortality rate of 0.53 per 1,000 live births. Most of the infant deaths were during the first week of life with the majority, by far, attributable to prematurity. There were 299 premature births in Springfield with better than 4 out of 5 surviving.

Deaths from infectious diseases during 1962 amounted to a total of 176 or 10.4% of all deaths. Specifically, these were due to:

Pneumonia	131
Bronchitis	39
Meningitis	2
Tuberculosis	2
Dysentery	1
Other infective diseases	1
	176

Only 5 deaths were due to diseases considered officially dangerous to the public health. Most of the pneumonia and bronchitis deaths were terminal insults superimposed upon some other prolonged illness.

Reported resident cases of in-

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fectious diseases during 1962 were:

Chickenpox	112
Dysentery	10
Encephalitis	1
German measles	27
Gonorrhea	185
Hepatitis	54
Measles	1,389
Meningitis	13
Mumps	43
Poliomyelitis	1
Salmonella	27
Scarlet Fever	108
Syphilis	72
Tuberculosis	54
Whooping Cough	6

Although there is obviously an under-reporting of the common communicable diseases of childhood, it is gratifying to see the low incidence of infectious diseases for which there are effective immunizing agents.

Analyzing the deaths from accidents, it is quite obvious that the home is a most dangerous place since 50 or 54% of accidental deaths occurred therein and primarily as the result of falls by elderly people.

There were 15 traffic deaths, 12 resulting from fires and burns, and 2 from drowning. There were 5 accidental poisonings 1 due to lead, 1 due to aspirin, 1 due to insulin, and 2 due to carbon monoxide.

As potential indices of the status of mental health in the community, it was interesting to note that there were 13 suicides and 6 homicides during 1962.

Ayres

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COUNCIL MEETING HIGHLIGHTS

The meeting of the Council of the MMS was called to order by President Dr. Urban H. Eversole, at 10:30 a.m., Monday, May 20, 1963, at the Statler Hilton Hotel, Boston.

Physicians who had been members of the MMS for fifty years, were introduced and presented with "pins." Members from our District receiving such pins were Dr. Edward Bagg and Dr. James Bigelow, Holyoke, who had been honored previously at our own annual meeting.

The report of the Women's Auxiliary was read by President Mrs. Rappeport who listed the activities of the Auxiliary during the past year, especially in the fields of legislation, community service, civil defense, and scholarship awards.

Informational reports of the Treasurer and of the Executive Committees were read and passed without debate. The Committee on State Legislation reported that the Podiatry bill had been passed by both the House and the Senate but had not yet reached the Governor's desk. However, there was very little chance that it would not be enacted soon into law.

The Committee on Nominations then presented its report. Doctor E. Curtis was nominated from the floor as an Alternate Delegate to the AMA. This required a ballot, but the slate, as recommended originally by the Nominating Committee, was declared elected after this ballot (See page 2). A request by the Nominating Committee that a special committee be appointed to select a new secretary, met with defeat since it was felt that the present committee had adequate powers to nominate this officer.

Reports of Committees on Publications, on Ethics and Discipline, and on Medical Education were accepted without debate. The Committee on Arrangements recommended that the 1964 annual meeting be held at the Statler Hilton Hotel, Boston, on May 19, 20, and 21st, 1964. This was approved.

The Committee on By-Laws reported on a resolution that would restrict membership in any District Society to physicians either residing or maintaining offices in that District. This resolution was referred back to the Committee for further study and clarification.

A resolution that would change the dates of pre-council meetings of the District Societies was approved and was referred to the body of the Society for action at its annual meeting.

A resolution that the President appoint a committee to study the present methods of assessment of dues in the District Societies was referred to Committee.

The Committee on Pooled Funds was made a standing Committee of the Society.

The Committee on Hospital and Professional Relations reported on the case of an anesthetist who was dropped from a hospital staff allegedly without prior notice, and

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recommended that the Society deplore such action. It was brought out that she had been previously re-instated upon the intervention of this committee but that subsequently she submitted her resignation which was accepted. The Council therefore voted to disapprove the committee's recommendation.

A committee to recommend future directors of Blue Shield presented its report. Dr. Walter Garelnik, President of the Mass. Dental Society was accepted by the Council as a nominee as a future director of Blue Shield. Dr. O'Malley of Hampden questioned the amount of information available relative to these directors and asked for more thorough screening. This was accepted by the Council.

Dr. Jerry Whitney, chairman of the Committee on Mental Health presented three resolutions. The first of these resolved that mental health centers be established as a part of the general hospital. This was hotly debated but was approved not withstanding opposition from the Commissioner of Mental Health. The second resolution, which was also approved by the Council, would request the Commissioner of Mental Health to postpone the building of mental health centers in the Commonwealth until additional and further study had been devoted to the problem.

The third resolution recommended that an investigation of the possibility of placing such mental health centers in general hospitals be conducted before expanding psychiatric care. These resolutions, debated at length, were approved by the Council as presented by the Committee on Mental Health. The resolution of Hampden District calling for community control of the projected mental health center in the Pioneer Valley was tabled.

Reports of Committees on Maternal Welfare, on National Legislation, and on School Health were informational.

The lengthy report of the Committee on Insurance Programs was approved with minor amendments.

Reports of the Committees on Medical Charges to Pooled Funds and on Disaster Medical Care were informational.

A Committee for the re-organization of the Executive branch of the Society, presented a report. This was referred back to the Committee for further study.

A Committee to study payments for medical services in hospitals reported on the Hampden resolution recommending that the MMS call on welfare agencies to correct injustices as described in our resolution. This was passed by the Council. A similar resolution presented by Dr. Pilcher was also passed by the Council. Other resolutions dealing with the payment of residents and interns was disapproved. The Committee on Medical Service presented a resolution that a recommendation be made to the House of Delegates of the AMA that a committee be appointed to develop a long range analysis of medical needs. This was

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passed by the Council. The incoming president, Dr. Allen S. Johnson of Hampden, was then introduced. This was greeted with a resounding round of applause.

Under New Business, the Committee on Blood Banks sought postponement of its report until a new committee could be organized to meet with other interested parties to work out a new program relative to blood replacement.

A resolution from Norfolk South that 25% of interns be graduates of accredited schools was refused "suspension of rules" and was not debated.

A resolution from Bristol South that the MMS go into the insurance business was referred to the Committee on Insurance.

A resolution by Dr. Richard Overholt against cigarette smoking and for the education of the public in the dangers of tobacco, was referred to the Public Health and the Public Relations Committees.

A resolution by Dr. Holland to have approval of the Committee reports by a majority vote was referred to the By-Laws Committee.

A resolution by Dr. Solomon as an amendment to one of the resolutions of the Committee on Mental Health (see above) was re-introduced and referred to the Committee on Mental Health.

A resolution by Dr. Chapman to amend the by-laws excepting the Secretary as a councilor, was referred to the Committee on By-Laws. In order to secure a new full time secretary it was thought that this condition should be waived and that a lay person might be a suitable candidate for this position.

The meeting was adjourned at 6:40 p.m. This was the longest Council meeting your correspondent ever attended.

Miller

ANNUAL MEETING OF THE MMS

The 182nd Annual Meeting of the Massachusetts Medical Society was held on Tuesday, May 21, 1963. There were about 100 members present, a vast difference from the 181st meeting when according to some reports, the hall was packed by members of the Boston teaching hospitals who came to defeat compulsory A.M.A. membership.

The meeting was called to order by President, Dr. Eversole. The actions of the Council and of the Executive Committee during the past year, were approved. The secretary reported a membership of 8066 with 241 new members added since the last Annual Meeting.

Revision of the by-laws permitting the changing of meeting dates of the Executive Committee were approved by unanimous consent. This is to permit meetings of the Executive Committee on days other than holidays.

Awards were presented to outstanding students of Tufts, Boston University and Harvard Medical School.

The President's Message dealt with the urgent need for the medical profession to engage in politics in order to avoid leading or following the parade into the welfare state. He stated that we need not apologize for our efforts as it is our duty to protect the people from conditions that might adversely affect their life and health. To do so doctors should enter more actively into the life of their communities and assume leadership in all matters pertaining the health of the public.

Dr. Allen S. Johnson, the new President, was then introduced. The meeting adjourned at 12:15 p.m.

Miller

SPRINGFIELD ACADEMY OF MEDICINE

Officers for 1963-1964

President William B. Coen, M.D.
Pres.-elect Omar T. Pace, M.D.
Vice-pres. John M. Maloney, M.D.
Sec. Emanuel Wiedman, M.D.
Treasurer Carroll Bryant, M.D.

Board of Directors

Bruce B. Alicandri, M.D., Robert F. Cahill, M.D., Donald R. Hayes, M.D., Warren D. Platt, M.D., Howard P. Kennedy, M.D., James D. Fisher, M.D., Frank E. Hurley, M.D., Richard J. Maher, M.D., John J. Bandeian, M.D., and William M. Davis, M.D.

Board of Censors

Leroy J. Kendrew, M.D., Chr. 1964
Raymond Gelfman, M.D., Sec. 1965
Richard J. Maher, M.D. 1966
Samuel R. Feldman, M.D. 1967
Eugene W. Beauchamp, Jr., M.D. 1968

Dr. Bandeian, Chairman of Medico-Religious Committee, is planning to attend the Medico-Religious meeting in Atlantic City on Sunday, June 16 at the A.M.A. convention. Dr. McCleave of A.M.A. will be one of the main speakers.

"The only doctor more foolish than the one who treats his family is the one who treats himself."
— Old saying

"Fear less, hope more; eat less, chew more; sit less, walk more; whine less, breathe more; talk less, say more; hate less, love more; and all good things are yours."
— Swedish Proverb

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At a Communion breakfast held on Sunday, June 2, The Mercy Hospital, Springfield, honored 13 physicians with long service on the hospital staff. Dr. Robert F. Cahill, president of the medical staff, awarded key rings marked with years of service to the following physicians: Dr. Cyril E. Shea, Sr., 37 years; Dr. Francis I. Haggerty, Dr. Eugene W. Beauchamp, Dr. Eugene G. Boss, and Dr. Thomas F. Reilly, all 36 years; Dr. Ambrose J. Connelly and Dr. John V. Greany, both 34 years; Dr. Jerome A. Whitney, 33 years; Dr. Max Millman and Dr. Gerald O'Neil, 31 years; and Dr. William F. Geran, Dr. William J. Kisiel and Dr. Fred M. H. Ziter, all 30 years.

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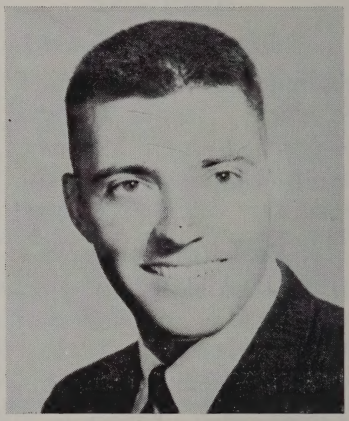

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Born: Springfield, Mass., Sept. 9, 1934

Medical School:
Seton Hall College of Medicine, N. J., 1960

Internship:
The Springfield Hospital, 1960 - 1961

Residency:
Mass. Medical Hospital and V. A. Hospital, Boston, Mass., 1961 to present.

Specialty:
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HAMPDEN CAPSULES

The Hampden District Medical Society is extremely interested in the health and fitness of our boys and girls. In order to provide greater incentive the Society is awarding plaques to be given to the senior high school, junior high school, and the four elementary schools attaining highest averages in the Youth Fitness Tests this spring.

"To the Hampden District Medical Society goes our profound appreciation. It is a pleasure to know the medical profession supports us in matters of health and fitness."

Robert T. Berry,
in Springfield School
News, April, 1963

Hampden District Medical Society had a display booth at the Boy Scout Jamboree at Eastern States Exposition grounds. It was entitled "The Seven Paths to Physical Fitness". Drs. W. W. Byrnes and James Fitzpatrick were with the exhibit which was shown on Saturday and Sunday, May 25, and 26. The exhibit was borrowed from the A.M.A.

Mrs. Purdy is to attend the seminar sessions of the Medical Society Executive Association at Atlantic City prior to the A.M.A. convention. These sessions have been limited to 30.

Many meetings are scheduled at headquarters for the month of June:

June 21 — Insurance, Labor Relations & Industrial Accident Committee.

June 25 — Executive Committee - 8 P.M. Medico-Religious Committee - 7 P.M.

June 26 — Mental Health Committee - 12 noon. Disaster Committee - 8 P.M.

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SPRINGFIELD ACADEMY OF MEDICINE
PROGRAM 1963-64

1963		**Hospital Clinic**
Sept. 10	Robert Breck Brigham Hospital Group Theodore Feldman, M. D., Boston, Mass.	Mercy Hospital
Topic:	"A New Dynamic Look At Arthritis"	
Oct. 8	Wyland E. Leadbetter, M.D. Mass. General Hospital	Sprinfield Hosp.
Topic:	"Renal Hypertension from the Urological Point of View	
Nov. 12	Francis D. Moore, M. D. Peter Bent Brigham Hospital	Wesson Memorial
Topic:	"Some Unusual Problems in Duodenal Ulcers"	
Dec. 10	Franz J. Ingelfinger, M.D. Mass. Memorial Hospital Boston University Medical Center	Mercy Hospital
Topic:	"Practical Points In Diagnosis of Malabsorption Syndrome"	
1964		
Jan. 14	F. William Sunderman, M. D. Jefferson Medical College of Philadelphia	Springfield Hosp.
Topic:	"Advances in Diagnosis by Newer Chemical Procedures"	
Feb. 11	Joint Meeting with Western Mass. Heart Association James K. Alexander, M.D., Baylor University	Wesson Memorial
Topic:	"Obesity and the Circulation"	
March 10	Ward O. Griffen, Jr., M. D. University of Minnesota Medical College	Mercy Hospital
Topic:	"Technique of Gastric Hypothermia for Bleeding"	
April 14	(Open)	Springfield Hosp.
May 12	Annual Meeting & Election of Officers	
Topic:	Grand Rounds (Sound Movie)	

CORRESPONDENCE

FROM THE A.M.A. TO PRESIDENT MILLER:

Dear Doctor Miller:

It is with pleasure that I note that Springfield, Massachusetts, has made application to be included among the approximately twenty communities to be selected by the National Commission on Community Health Services for its project of community self-studies. I am particularly pleased that the Hampden District Medical Society will actively support the proposed study. Dr. Jesse Aronson has reported the enthusiasm both you and Doctor Murray have and I am sure that there are others in the medical society who feel the same.

As you may already know from the materials made available to you, I am an individual member of the National Commission on Community Health Services and a member of the Advisory Committee to the Community Action Studies Project. I strongly urge that the practicing physicians in your community participate to the fullest in this proposed study to provide the needed medical leadership.

Reading the "President's Page" from the April 1963 issue of the *Hampden Hippocrat* indicates your strong support of the study. The importance of the guiding role of the medical profession in the implementation of the results of the study cannot be overemphasized and the only way I see that the medical profession can be in a strong position when the time comes for action it to be entirely involved with every phase of the study as it progresses.

In addition to my own activities on the National Commission on Community Health Services, other staff of the American Medical Association have been assigned to work in various capacities with the Commission. We wish to offer to you and the medical society any appropriate assistance.

There appears to be a core of well-qualified individuals in your community to accomplish the goals of your study as outlined in the application. I know the staff of the Commission will serve you well and we stand ready to assist you. It is my understanding that a favorable decision most likely will be made by the National Commission on Community Health Services relative to your application.

Sincerely yours,
Raymond L. White, M.D.,
Director
Division of Environmental Medicine & Medical Services, AMA (5/14/63)

DISPOSING THE DISPOSABLES

Dear Hippocrat:

It has recently been brought to my attention that some doctors are giving used disposable syringes to their young patients after snapping off the needle. It may be that the doctor in all cases did not actually present the child with the syringe, but that the child picked it out of a wastebasket.

Children have brought these syringes to school. We consider this dangerous to the children and a potential hazard when the child discards them.

If you would remind your readers of their responsibility in properly disposing of used syringes, we would appreciate it.

Lowell Bellin, M.D.
Commissioner of Public Health,
Springfield

SOS From The USS Springfield

Dear Hippocrat:

The most important function of the USS Springfield, the Flagship of the U.S. Sixth Fleet, is to win friends for our nation in the Mediterranian area. Her crew likes to feel that she represents each of the twenty-one Springfields in America.

Not long ago, when the USS BOSTON served in this fleet, she was able to distribute much-needed medical supplies to local communities. The impact of this action was tremendous, both in alleviating real medical problems, and also as a tangible demonstration of American ideals.

Now, we of the USS Springfield would like to do the same. We hope, therefore, that you, your Society, and *your* Springfield may desire to join with us. We are forwarding the following suggestions:

1. Equipment — not complicated items requiring maintenance beyond local capabilities, but simple things like ophthalmoscopes, surgical and obstetrical instruments, office nebulizers, outmoded anesthesia equipment (and even such humble items as scissors and thermometers!)

2. The sort of things we suggest, Doctor, are collecting dust on the shelves of your office or hospital but still serviceable.

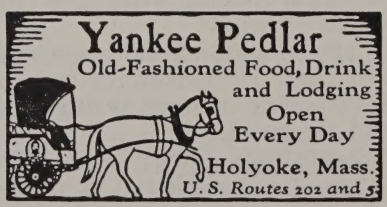
3. Money is not desired. Medical gear in this area is all imported and, if you do collect funds, they would be better spent in the United States by you to round out a set.

4. Drugs and other consumable supplies are generally to be discouraged.

This whole project is voluntary and bears the official approval of neither the Navy nor the Federal Government—except insofar as it supports the President's "People-to-People Program". We have no committee, no overhead (and I've no idea whether it will be deductable!) But if you, your society, or your community desire to share in this project, send your donations to: USS SPRINGFIELD (CLG-7), c/o Fleet Post Office, New York, New York.

We of this SPRINGFIELD hope that the other Springfield residents will take this opportunity to join with us in our task as your goodwill ambassadors. Without your support we can do but little, but with it a great need can be met and firm friends can be won for the cause of American Democracy.

H. R. NOER, M.D., D.O.S.
Commander (MC) USN



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MORE ON THE MENTAL HEALTH PROBLEM

The April 27th issue of the AMA Journal, under "Washington News," presented an excellent summary of President Kennedy's mental health plans. These are of particular concern to us locally because we recognize the need for additional psychiatric services, and because our Society, during the past year, has addressed considerable time and attention to the mental health facility projected by the Massachusetts Department of Mental Health.

Under the President's proposed legislation, 420 mental health facilities would be built in addition to 100 facilites dealing with problems of mental retardation and 10 research centers on mental retardation. It is estimated that the entire program, over a 5-year period, will cost some 800 million dollars. The following are the three major divisions:

Community Health Centers (H.R. 3688) (5755) — Under this, funds would be alloted to the states on the basis of population, extent of need for mental health centers, and the state's relative financial need. However, each state would receive a minimum allotment of $100,000.

The Department of Health, Education, and Welfare, after consultation with the Federal Hospital Council, would prescribe regulations as to: (1) the kinds of mental health services adequate for persons residing in the state; (2) the general manner in which the state agency would determine the priority of projects; and (3) the general standards of construction and equipment for the centers.

A state would have to submit a plan which provides for the designation of a single state agency to administer or to supervise the administration of the plan.

A Community Health Center is defined as "a facility providing services for the prevention or diagnosis of mental illness, or care and treatment of mentally ill patients, or rehabilitation of such persons, which services are provided principally for people residing in the vicinity of the Center."

Grants for Construction of Research Centers on Mental Retardation — (H.R. 3689) (5756) — This bill amends the Public Health Service Act to provide for the construction of research centers on mental retardation and related aspects of human development. Except for its basic definition and aim, components of the bill very closely resemble those relating to Community Health Centers.

Maternal and Child Health and Mental Retardation Planning Amendments (H.R. 3386) — This bill is before the House Ways and Means Committee. It presents a broad range of possibilities, both research and clinical, relating to maternal and infant care.

A grant under this program could be used to combat mental retardation; to develop public awareness of the problem of mental retardation; to co-ordinate state and local activities relating to mental retardation and its prevention, treatment, or amelioration; and to plan for comprehensive activities.

The inadequacy of the psychiatric facilities in this area has been of primary concern to the Mental Health Committee of the Society, and there have been meetings with several disciplines and agencies to assure effective communication and collaboration. The Committee has stressed the importance of more initiative by physicians to group action to improve psychiatric services, as well as suggesting ex-

panded participation by physicians on Boards of community organizations concerned with mental health. It is a responsibility of the medical profession to provide guidance for these groups to assure programs embodying sound professional principles and practices.

It is hoped that whatever additional psychiatric facilities may be available for Springfield in the future will be considered as an integral part of a general hospital program. In addition to this, it is anticipated that there may be broad local representation by physicians in decisions relating to planning the services, establishing procedures, formulating the philosophy of function, allocation of funds, and other factors determining the success of this much-needed program. This, in principle, is the position taken by our Society at its February meeting.

Mental illness is America's most pressing and complex health problem, and the greatest medical challenge facing us today is the prevention, care, and treatment of mental illness.

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George M. Fister, M.D.,
President, AMA

An examination designed to provide certification for top-level medical office aides will be open to candidates from all parts of the country this October, the certifying board of the American Association of Medical Assistants has announced recently.

Dr. Joseph M. Baker, Springfield, has been elected president of the New England Society of Plastic and Reconstructive Surgeons during its annual meeting at Newington (Conn.) Hospital for Crippled Children.

The 6923 hospitals in the U.S.A. have a total of 1,669,789 beds, and handle a total of 25,474,370 admissions annually.

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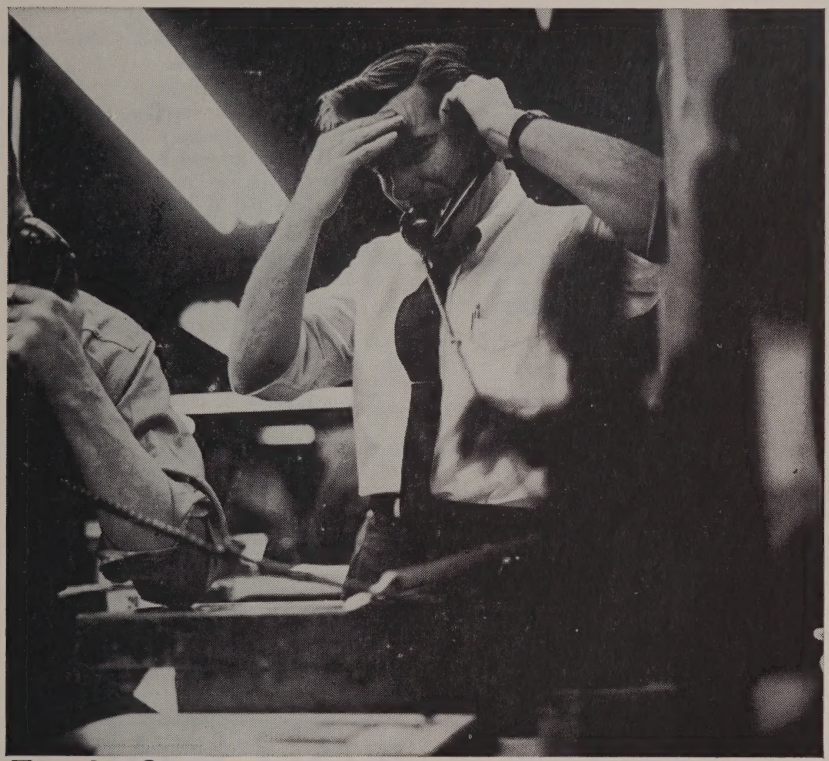
The opinions expressed in The Hippocrat do not necessarily represent the Official viewpoint of the Hampden District Medical Society.



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